Schoudergroep TerBrugGen

Postgraduaat UZ Gent – TerBrugGen

Schouderrevalidatie- update

Arthroscopische Rotator Cuff Hechting

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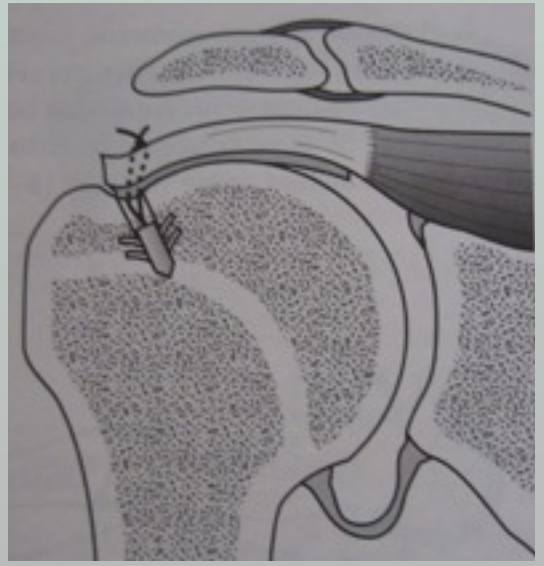
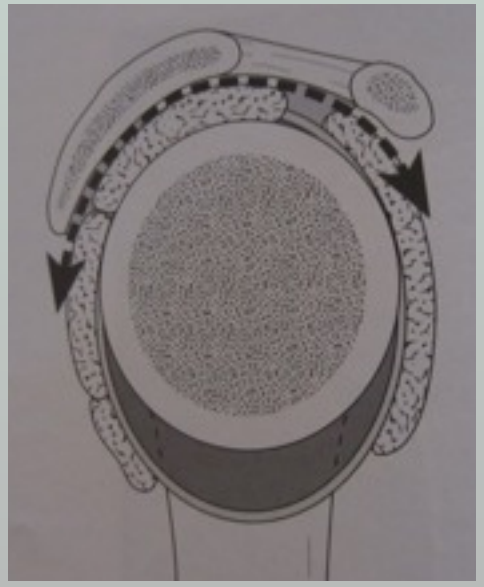
Rotator Cuff hechting

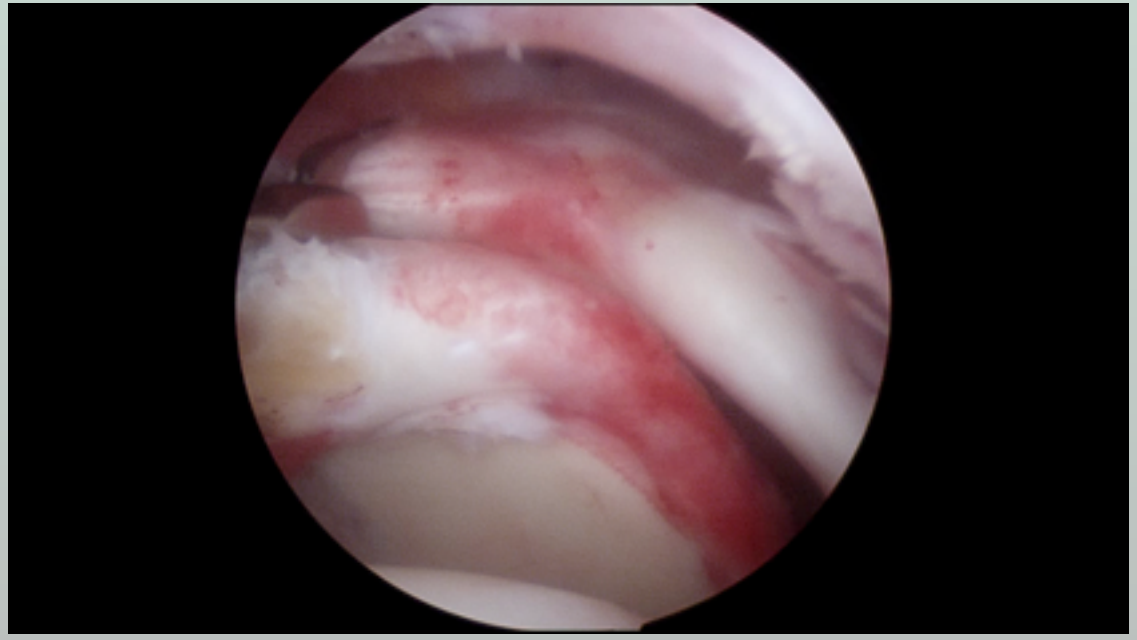
Doel:
herstel v d dynamische functie v d Rotator Cuff

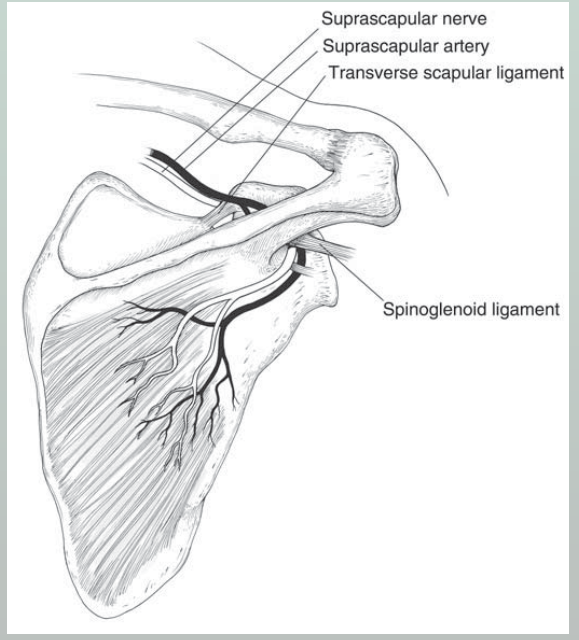
Dus peeshechting maar ook zorgen dat de spierpeeseenheid vrij kan samentrekken en glijden



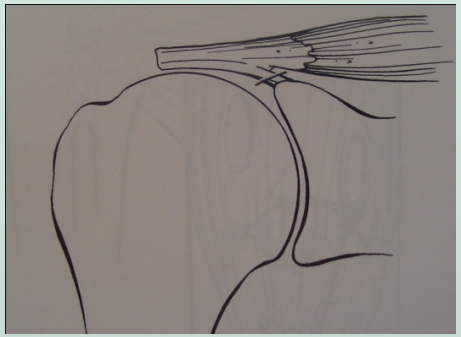


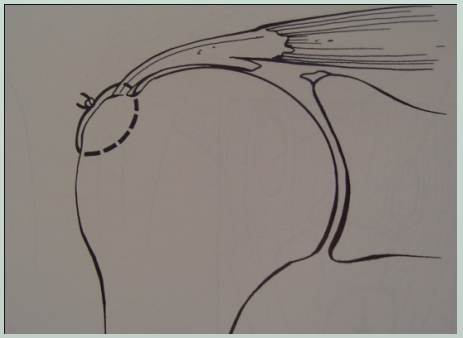
1. Debridement van kapsel, interval, bursa, adhesies... Release kapsel, anterieur en posterieur

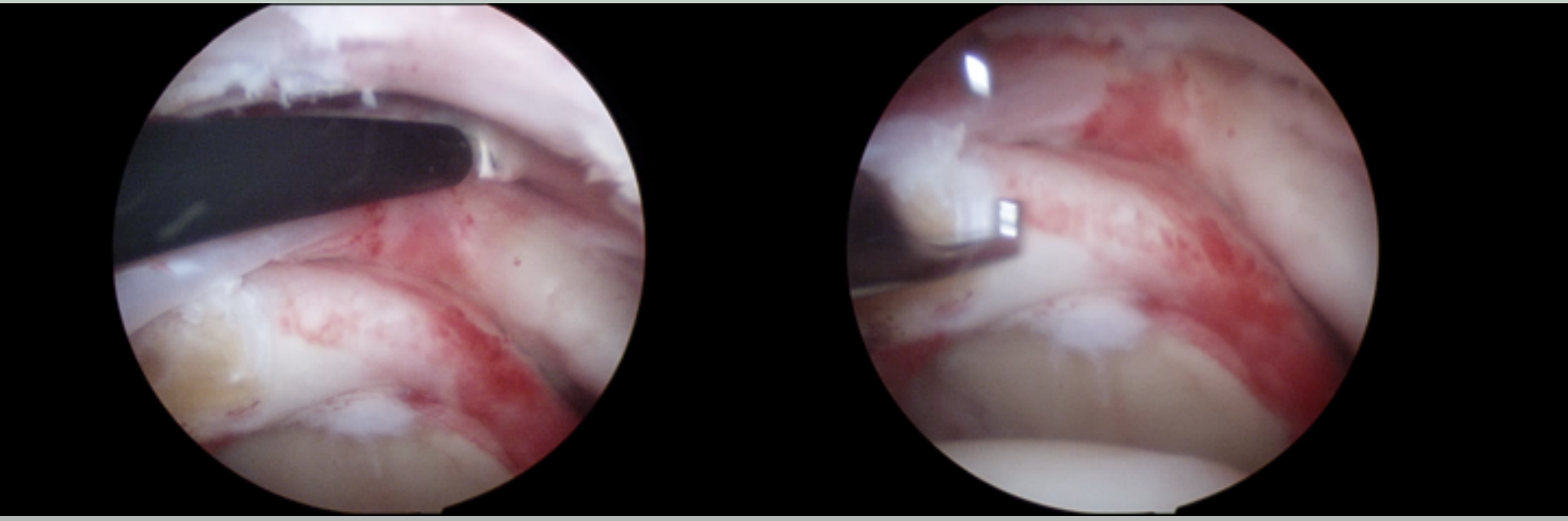




2. Mobilisatie van de rotator cuff
Definieer scheur

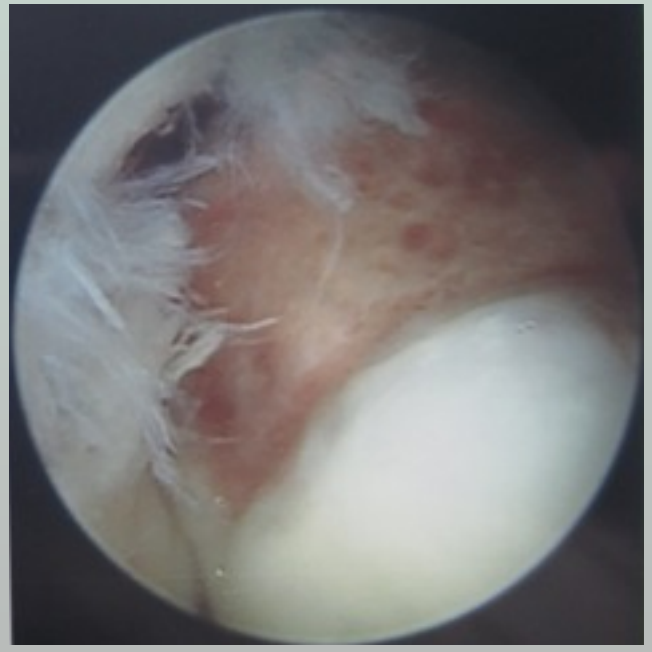




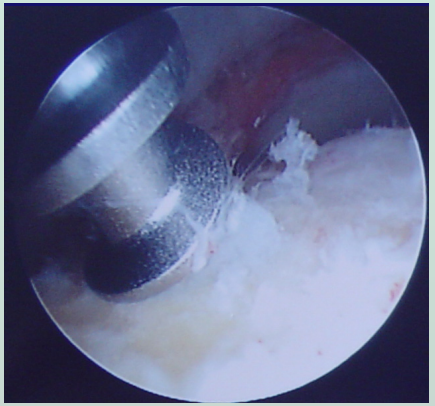


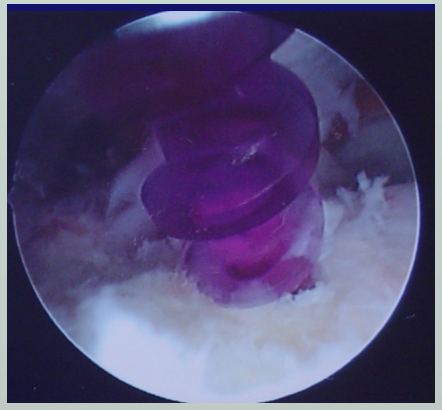
3. Debridement pees en bot, tuberculum majus of minus

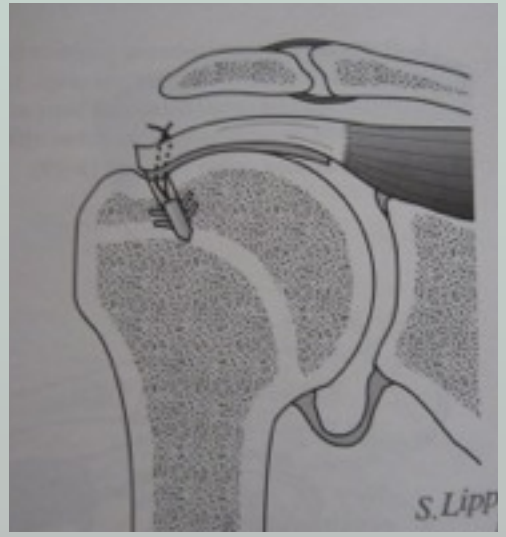
hecht viabele goed doorbloede structuren

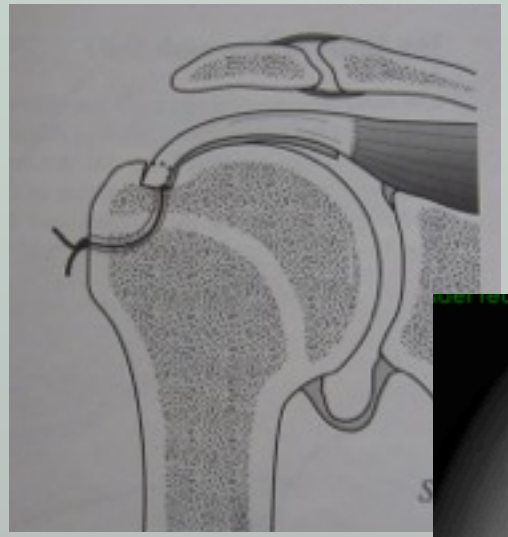


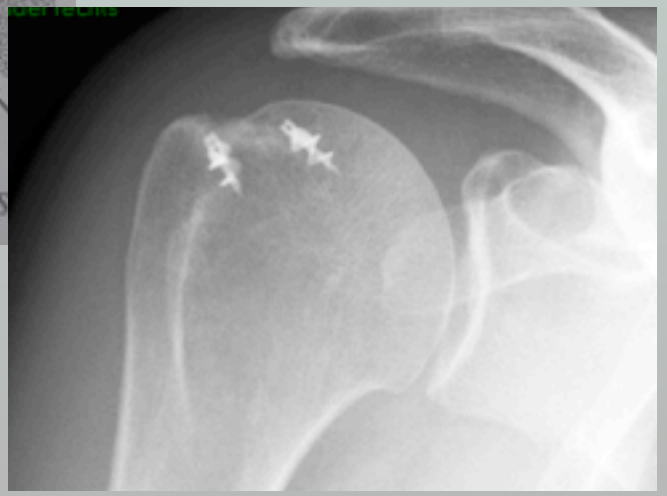
4. Hechting pees aan bot:
   bottunnels of ankers
   ‘single row of double row’
   doel = footprintherstel

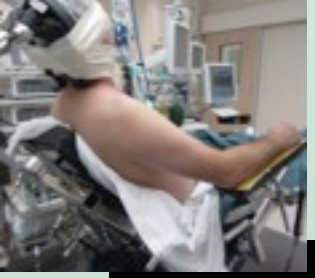


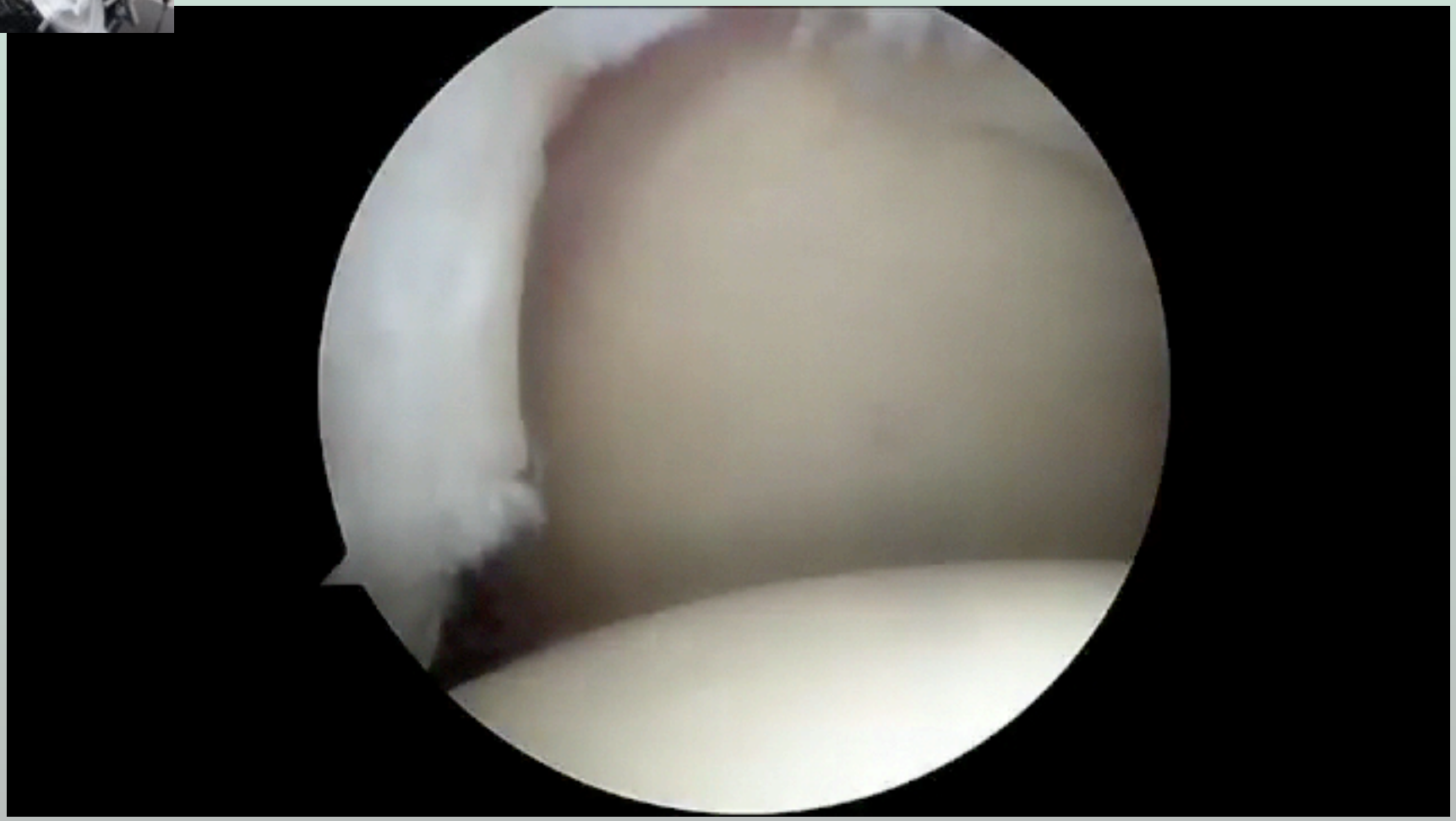






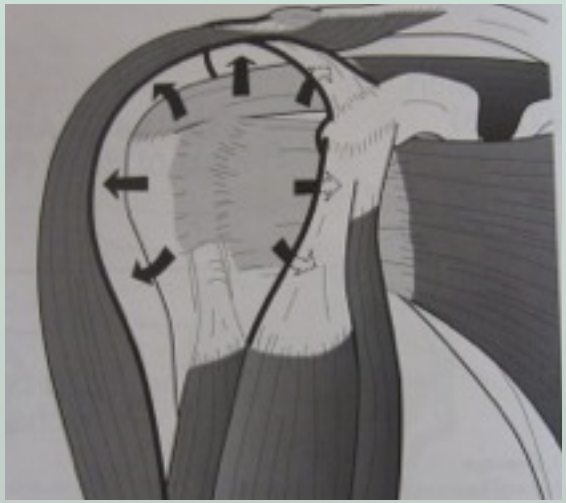






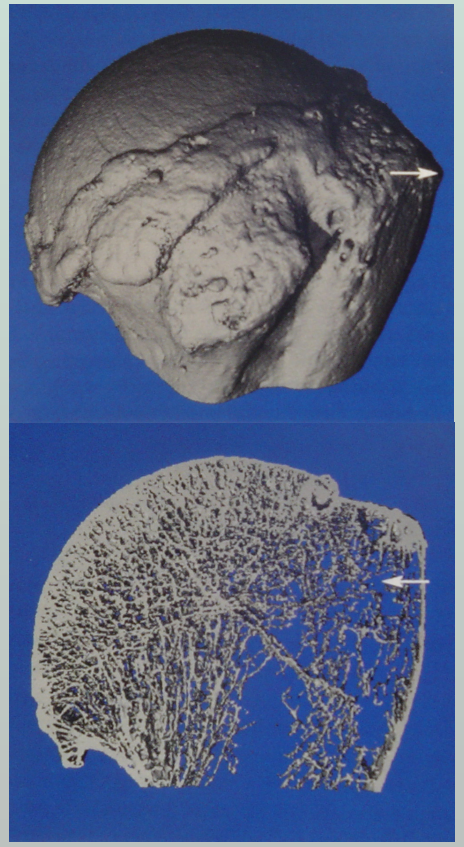
Revalidatie

Beschermen van herstel
Voorkomen van adhesies



Healing rate tussen 35 en 95 %
d i: succesvol herstel van peesintegriteit

Biologie	Behandeling
Leeftijd	Chirurgische techniek
Activiteit	Ervaring
Comorbiditeiten	
Roken	Patiënt
Kwaliteit pees	Rehabilitatie
Grootte scheur	



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Dank voor uw aandacht

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